LABEL EVERYTHING WITH YOUR NAME IN PERMANENT MARKER

SENTED PRODUCTS- do not use such products they attract biting insects like MOSQUITOS Use the following personal gear checklist to ensure a good camping experience. SHELTER -

For Base Camp - A good quality tent with a full fly that reaches the ground and out beyond the base of the tent. Cover this with a large tarp to ensure dry sleeping. Usually provided by troop

For Field Camp - Due to the threat of West Nile we STRONGLY recommend you bring a small light tent" for sleeping protection on the hikes. Ground sheet & plastic tent fly c/w stakes & rope

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- Field-Sleeping bag light weight synthetic good to 0°C
- 'Blue foamy' sleeping pad for backpacking
- Base- Sleeping bag, liner & Blanket and Pillow –(-Air mattress or cot) for base camp only

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COUNING	
Fork, Knife, Spoon, Plate, Bowl & Cup suitable for	
an eye dropper bottle of Bleach to purify water wat	with. (see sheet on purifying drinking water with
Bleach)	
A 1 pint cup, can, or pot with a wire handle c/w a	chain dog leash to hang pot over fire.
Field meals & trail mix etc. in individual package	s (Provided by troop)
3-1 liter largemouth water bottles, (Water I	Flavoring Provided)
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CLOTHES "NOTE" Dark clothes attract Mosquito'	<mark>s</mark>
* Scout Uniform (a MUST)	Rain jacket & pants, rubber boots (a MUST)
6-7 Complete change(s) of clothes inc. shorts	
Lightweight toque & neck warmer	Hiking boots or high top runners
Old runners or canoe shoe for canoeing & swim	
2 Swim suits	Extra underwear
Lots of socks, varying weights	Jacket
PJ's or sweat suit or long johns	Warm Coat
	
PERSONAL * As needed for Backpack and Ba	ase
Comb/brush & mirror soap & deodorant	
Facecloth, Towels (hand & beach) SUNSCREE	
Toilet paper in a Zip-Loc bag Garden trowel	
Medicine (take only amount needed on trip leave	
No aerosol proc	lucts please
OTHER	
Backpack with HIPBELT 60 - 80 liter	
Large Orange Garbage Bags to line Backpack wi	
Pocket survival kit Pocket first aid ki	
Day pack (Red Stage)2 Flashlight & b	patteries _* Field book for scouting
Sewing Kit* corn starch in Ziploc (rashes) Matches in waterproof container
"Bic" type lighter	Sun Glasses - Mole skin
Life jacket one that fits is Mandatory "This is a C	Sanadian Law Requirement"

OPTIONAL

Cell Phone (emergency & Pictures) ___Extra battery pack or solar charger Electronics ARE the responsibility of the user. The Camp and Scouters bear NO responsibility for their loss, charging, misuse etc. Any device noticed by the Camp Chief by "Disturbing the peace of camp" will be confiscated for the remainder of camp

[&]quot;NOTE" All items are interchangeable between Base and Field camps

^{**}NOTE- Pack All extra gear in a duffel or hockey bag